

March 4, 2017

Bib # _____

5k starts at 9:00 a.m. 1 mile Fun Run starts at 9:15 a.m.

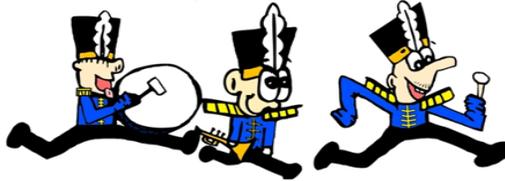
Race begins and ends at Sequoyah School's
Pop Athletic Complex

(5 miles northeast of Claremore on Historic Rt. 66)

Web: www.bandonthetherun5k.com

Facebook: **Sequoyah Band on the Run 5k**

Band on the Run



Join the Sequoyah community in supporting the "Spirit of Sequoyah" band by participating in our annual 5K and 1 mile Fun Run. While running and walking through our campus you will be entertained and encouraged by our many talented band students. Playing music is their way of thanking you for supporting them. All proceeds from this run will be used to purchase equipment for our band students.

Name _____ Address _____ City _____

State _____ Zip Code _____ Phone (____) _____ - _____ E-mail _____

Age (as of 3/4/2017) _____ Date of Birth _____ Sex M F Clydesdale weight _____ Filly Weight _____

___ 5K ___ 1 mile Fun Run

Shirt Size Adult S M L XL XXL No thanks, I don't need a shirt Race shirts are guaranteed if registered by 2-20-2017
Youth S M L XL

Entry fee: **\$25.00* (5K) / \$20.00 (Fun Run and Band Stander) *Prior to 2-20-2017 after is \$30.00**

Donation to Sequoyah Band: _____

Amount Enclosed: _____ (Checks payable to "Sequoyah Schools – Band on the Run")

Terms and Conditions:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to, falls contact with other participants, the effects of the weather and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. **I also am fully aware that baby strollers and wheels of any kind (except competitive wheelchairs), animals and headphones are strictly prohibited and I agree not to have them on the course. Furthermore, I agree not to go back onto the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number and I agree not to do this.** Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. **Minors accepted only with a parent or guardian's signature.**

Signature

Parent Signature if under 18

Mail Registration to: *Band on the Run 5K, 16441 S. 4180 Rd, Claremore, OK 74017*

Questions: info@bandonthetherun5k.com